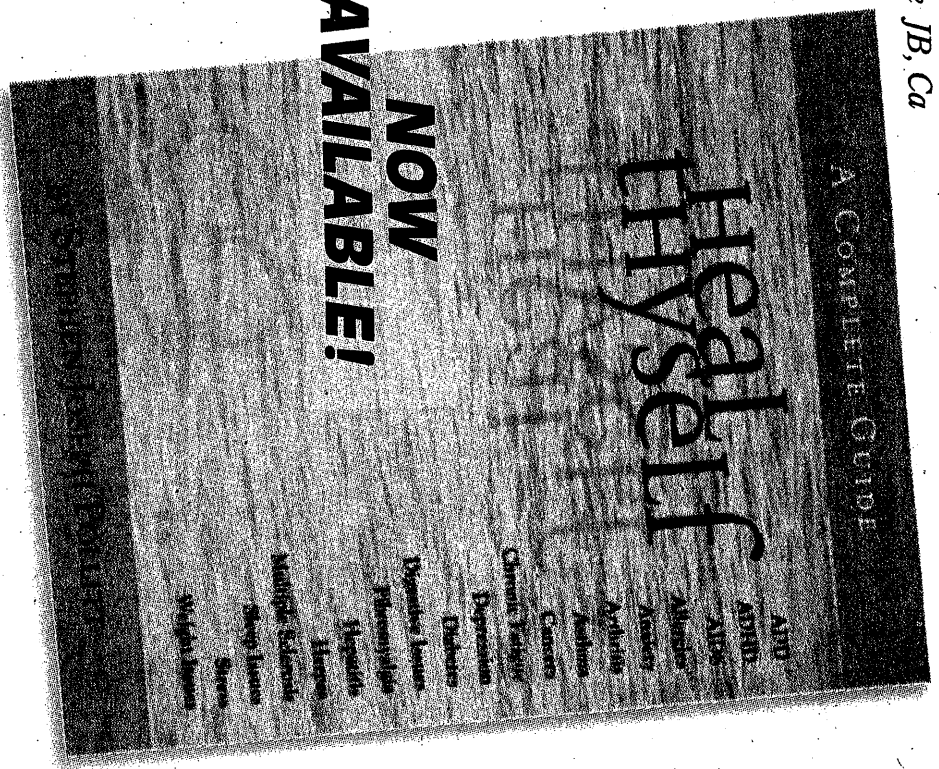


# Praise for Heal Thyself

Dear Stephen,  
 "If God does feel pleased by his children's actions, and what they have done with their lives, he would be very pleased with you!"  
 - *Lone JB, Ca*



**NOW AVAILABLE!**

"Heal Thyself" is a 250 page book that explains the root causes of dis-ease, imbalance, disorders, an entire healing methodology, as well as, how to make 170 different remedies using bottled spring water and specially designed charging labels (*sold separately*).

**www.heal-thyself.tv**

FROM THE JUNE 2008 ISSUE: SO + MARKERPLACE NEWS

## Housing Options

**Don't Be Afraid of Waiting Lists and Start Your Assisted Living Search Early**



**Deborah Cameron**  
 Director of Community Relations Senior Housing Options

You don't have a lot of money, but you're looking to find an assisted living residence that offers a range of services and an environment you're comfortable in. Believe it or not, it's possible. The key to successfully navigating such a search is to not be afraid of waiting lists and start early.

Assisted living spots for low income residents are in-demand. As a result, once you've completed tours and located a residence that you'd like to live in, you'll likely be told you'll have to be on a waiting list. Though this may seem daunting, it's worthwhile to take the time to add your name.

Any mention of a time to work through a waitlist is a guess at best.

Sometimes the lists take longer to get through than expected – but many times the wait is shorter. You don't know exactly how long it will take until you go through the process. If the waitlist is long, it is to your benefit to start planning early – giving the residence you favor plenty of time to have a spot available for you.

Getting on several waitlists increases the chance to be accepted in a timely manner. In order to do this, it is necessary to complete the enrollment process. Most residences won't add you to their waitlist until the paperwork is done. This typically includes a general application, medical history forms, a background check, financial information forms and any other unique forms required by the residence.

During this process, its helpful to identify resource phone numbers that can support you. One is our team at Senior Housing Options which can be reached by phone 303-595-4464 x14. We are available at any time to provide any support or help you need. ❖